

Sarah's back on court



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STAR
Shropshire

Tennis-loving schoolgirl Sarah Nunn is battling back from a crippling condition

A 15-year-old tennis loving girl from Shropshire struck down by a crippling spinal condition is preparing to get back on the courts after a pioneering exercise regime.

Sarah Nunn suffers from scoliosis and was told her spine was so twisted and contorted she would never stand up straight again unless dramatic action was taken.

The Ludlow schoolgirl faced having to undergo major spinal fusion surgery but the teenager's mother, Liz, did not want her daughter to have an operation for fear of the risks involved.

She also knew that if Sarah did not have the surgery she could end up unable to move properly so she began looking into alternative treatments and discovered Scoliosis SOS.

The clinic in central London was founded and run by Erika Maude, who has scoliosis herself, and has brought relief to hundreds

Report by Simon Hardy

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of sufferers since it opened seven years ago.

Sarah underwent treatment at the clinic and has now been given the all-clear to return to playing tennis so long as she continues with her exercises.

She said: "When I was told that I had scoliosis I didn't really understand to start with. No-one ever sat me down and explained what was going on until I got to the SOS clinic. The staff there were amazing. They made me feel normal again.

"They also encouraged me to carry on living a normal life when all of the specialists were telling me that I needed to be careful.

"I cannot wait to get back to playing tennis. I am also so excited to watch Wimbledon on television. Maybe one day I will be as good as some of the professional players."