

New lease of life for gran Gloria

A BOWLS enthusiast from Coventry who suffers from scoliosis has made a dramatic recovery thanks to a special clinic.

Gloria Templeton, from Southbank Road in Coundon, was just about to turn 40 when received the devastating news that her spine was rapidly curving to the right. If left untreated, scoliosis can lead to fatal heart and lung problems.

Gloria was given little information about the excruciating condition, other than that if her condition continued to worsen she would need a risky nine-hour operation which would involve having metal rods fitted down her back before her spine would be fused solid.

After tons of X-rays and appointments with various specialists, Gloria was told there was nothing anyone could do for her.

An active person throughout her life, Gloria, now 72, feared the worst, thinking that a life sentence of pain and discomfort was ahead and she would end up in a wheelchair.

By the time she was 60 she was crippled over in pain on a daily basis – she hated her appearance and was struggling to do anything remotely physical – she couldn't even play bowls, for which she had a passion.

But then she discovered Scoliosis SOS, a clinic founded and run by Erika Maude – a sufferer herself – and has been given a new lease of life.

Gloria said: "Living life as 'Gloria with scoliosis' has not been easy. I often felt like people would pity me and I am a very proud lady.

by **Lucy Thomson**

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"I hated having to give up my voluntary work and was devastated when I had to give up playing bowls. When you can't take part in leisure activities you enjoy and you struggle to get out of bed in the morning – that's when you really know that you have a problem."

With branches in Suffolk and London, Scoliosis SOS is the only clinic in the world to offer treatment following the ScolioGold method – a combination of non-surgical treatments including specially designed exercises and physiotherapy for patients.

After an initial consultation with one of the clinic's consultants, Gloria booked in for an intensive four-week course of treatment – and incredibly she is now pain free, has noticed a fantastic improvement in her posture and physical appearance, and has even been able to re-join the local bowls club.

Gloria added: "I really did think that I was too old but the consultant was great – he spent the time explaining my condition to me and gave me the final push I needed to book myself onto a course.

"Being pain free is indescribable – I have been able to start playing bowls again and have made a great new group of friends from the clinic."

For more information about Scoliosis SOS, call 01394 389 670 or visit www.scoliosisSOS.com



■ NEW LEASE OF LIFE: Gloria Templeton with her grandson Thomas, aged two, and (inset) playing bowls again.

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